



## A Long-Term Support Party in Montrose

Building a community of long-term services and supports, the focus of this issue of Health Elevations, can be as much play as it is work. The senior center in Montrose is a vital core of the community, with active dancers, pool players, crafts aficionados and more.

*This video was originally created as a companion to the Fall 2015 issue of Health Elevations.*

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### **BY**

[Chance Multimedia](#)